



Blue Ridge Learning Centers

How to Prepare for Your Program Experience



Weather is unpredictable in the mountains. Check the weather and be prepared for anything. Here are some helpful thoughts.

WARM WEATHER

Shirts - comfortable. Synthetic works best, however, cotton will work.

Pants - loose fitting and comfortable. Short shorts might not be comfortable in a harness.

Shoes - hiking boots or tennis shoes. Open toed shoes **will not** be allowed on the Discovery Course.

COLD WEATHER

Clothing - long pants, and jacket. Layering is a great idea. Wearing thermal underwear for cold days is a great way to stay warm.

Hats & gloves - bring winter hats and gloves

Please Remember:

- Please no cell phones during the program.
- Earrings, rings, or other jewelry are encouraged to remain off during programming.
- The maximum acceptable weight for the Zip Line and Giant Swing is 250 lbs.
- Optional items: backpack, sunglasses, sunscreen, water bottle, or spare clothing.

OUR PROGRAMS RUN RAIN OR SHINE

- Indoor programming space is available if needed due to weather.
- Please bring rain gear if necessary.
- In adverse weather conditions, BRLC will make the final decisions regarding cancellations.

**QUESTIONS? CONTACT US AT info@brlc.org
OR CALL 828-265-5467**